

CONCUSSIONS 101

“What you need to know as an athlete, trainer, coach or administrator”



Saturday, June 23 - 2012
8:30 am – 12:00 noon
McMaster Innovation Park
175 Longwood Rd. S. Hamilton, ON L8P-0A1



Hosted by the Hamilton Tiger-Cat & Canadian Football League Alumni Associations

The effects of concussions have become a major area of concern at all levels of contact sports. Learn from experts in the field about the causes and effects, prevention, assessment, treatment and the trials of living with a concussion along with the legalities surrounding this condition.

Host:

Leo Ezerins, Executive Director, CFL Alumni Association, CFL Player 1978 - 1988

- *What is being done from an overall perspective as to the prevention, research and treatment of concussions?*

Moderator:

Dr. David Levy: B.A., M.D., C.C.F.P., F.C.F.P., D.O.H.S., Dip. Sport Medicine

Dr. Levy is a graduate of McMaster University where he is an Associate Clinical Professor in the Department of Family Medicine with a cross appointment in the Department of Medicine (Physical Medicine and Rehabilitation).

In his practice, the first primary care sport medicine clinic in southern Ontario established in 1983, Dr. Levy has been looking after athletes of all ages and talent levels for many years.

Dr. Levy has been the team physician to the Hamilton Tiger Cats for 40 seasons and is the medical director of the Toronto Rock Professional Lacrosse team, and on the medical staff of the AHL Bulldogs

He was the Sport Medicine physician to McMaster Varsity Teams from 1978 to 2002 and received the McMaster Friends of Distinction Award, in 2001, and was recently named, The 2011 Sport Medicine Community Physician of the Year, by The Canadian Academy of Sport and Exercise Medicine

- *Concussion: Signs and Symptoms and Why We Need to be Concerned*

Speakers:

Dr. Michael F. Mazurek: M.D., FRCP(C)

Professor, Division of Neurology, Department of Medicine - McMaster University

Dr. Mazurek is a Hamilton Neurologist to whom we send many of our professional and amateur patients who have sustained head injuries.

- ***Medical Assessment and Management of Concussions***

Jim Cimba: LLB, Senior Partner Cimba & Associates

- ***The Legal Perspective: What We All Need to Know!***

Chris Puskas: Head Athletic Therapist – McMaster University

Chris has spent 17 years in the CFL as an athletic therapist for the Toronto Argonauts for 3 years and Head Therapist for the Hamilton Tiger-Cats for 14 seasons. He is also an athletic therapist for the Hamilton Hurricanes. Chris is presently the Head Athletic Therapist for the Vanier Cup winning, McMaster Marauders Football Team

- ***How to Assess and Treat Concussions: A Sideline and Treatment Room Perspective***

Carm Genovese: Defensive Line Coach, McMaster University

Carm enters the 2012 season as the second longest serving assistant on the Marauder staff. He graduated from McMaster in 1979 and was a member of the McMaster Football Team of the Decade for the 1970s. Genovese also received the McMaster Friends of Distinction Award in 2005

- ***Learn some Basics of Concussion Prevention through Proper Technique and Drills***

Scotty Martin: Player, McMaster Marauders

Scotty is starting halfback (db) entering is 4th year for the Vanier Cup Champion, McMaster Marauders.

- ***A Player's Perspective of Living with a Concussion and Coping with Daily Life***

Registration fee: \$25

Register & pay online at www.htcaa.ca or complete form below and mail with cheque to:

HTCAA-C101

57 Sunning Hill Ave.

Hamilton, ON

L8T 1B6

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