

TIGER-CAT Q&A

Name: Lee Knight
Birth date: 02/08/65
School/Jr. Football: Burlington Braves
Position: Fullback
Years with Tiger-Cats:1986-1997

CAREER

1. Tell us about how you got started in football and your amateur career.

First actual game in equipment was 1984, my last year of high school. Then played for the Burlington Braves 1984-1987, was on the Cats P.R '86 and '87 while still playing Braves. I was signed to contract 3 games into the '87 season.

2. How did you get started in the CFL? (draft, free agent, trade etc.)

Al Bruno lived around the corner from our Braves practice facility and would walk his dog past our practices in the evening. He would chat with the Braves coach Doug Trimble and get updates on me. I went to the '86 free agent camp and did well. I was then invited to the training camp 3 days before it started. I was working at the Discount Car and Truck rental head office at the time. I was clearing \$320 every 2 weeks and stayed on the P.R all year making \$300 weekly.

3. Do or did you hold any records?

No records for me, however I was durable and believe I'm on the top ten of all time games played as a Cat.

4. Do or did you have a nickname?

My first camp in 1986, Tom Porras gave me the Knightrider moniker. Then in early 90's I was given the Rooster handle because my hair would resemble a rooster.

5. Tell us about some of your fondest memories with the Tiger-Cats or in the CFL.

Playing in the '89 Grey Cup was most fondest although we lost, in 1990 had my best game in BC, I started because Rocky had injury in warm ups, I had 9 catches for 163 yards and TD, I switched from Slot to Fullback in 91 and played the Labor day game with Ernie Shrameyer, we were 0-8 and beat the eventual Grey Cup Argo's.

6. Who were some of the team-mates and opponents you admired the most & why?

Some great connections with teammates that still last. I played behind Rocky all those years and admired him greatly. The O-line were some of my best buds Jason Riley, Dale Sanderson, Daryl Harle, Brian Hutchings, Ralph Schultz, Dave Richardson

Playing my whole career with Earl "the Pearl" and watching him perform was awesome.

7. Which coach did you respect or enjoy playing for the the most and why?

Loved Al Bruno, he was a leader and showed genuine feelings for his players. He had great assistant coaches and my favorite assistant was Coach Sal. Sudsy was also a great coach to play for. I played for Dieter Brock in Hamilton and Ottawa as well.

8. Tell us about some of your favourite Grey Cup memories.

Being part of that 1986 Grey Cup team and practicing with the team in Vancouver was awesome. Playing in one of the greatest Grey Cup games ever was fantastic. I didn't start, I was more of a special team player, but I was inserted late in the game and caught 2 catches late just before Champion's famous endzone grab.



Photo courtesy of The Spectator

POST CFL CAREER

9. Tell us about your life and career after playing/working with the Tiger-Cats or CFL?

Retired in 1997 and continued working in Corrections, then was hired by Peel Regional Police in 2004. A great move for me and my family. I love Policing and get great satisfaction in my cases. I currently work in Criminal Investigation Bureau and deal with some serious incidents. My highlight was being selected to work the 2010 Olympics in Vancouver. There was also several ex-CFL players chosen to escort the Grey Cup after it arrived in Toronto on the Grey Cup Train. I was selected to walk the Cup into the City Hall, a great moment.

10. Tell us about your interests, hobbies, your passion or anything else you would like to share about yourself.

Biggest passion right now is my family and coaching my sons in football. I coach Burlington Stampeder and High School ball. A great way to give back to the community. I was inducted this year to the Burlington Sports Hall of Fame, a great honour, inducted with Tony Gabriel. My # was also retired by the Braves 3 years ago, only other # retired was Peter Dalla Riva.